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ŠPANIJA

KAREN PONS PONS
C/ JOSEP ANSELM CLAVÉ, 90 3ER ESC.A
07702 MAÓ (MENORCA)
SPAIN

Hello! My name is Karen and I'm fifteen years old. I like music, cinema, travelling and reading. I'm looking for boys and girls from all over the world. You can write in Catalan, Spanish, English and French.

SLOVAŠKA

BLANKA HLAVATA
SLADKOVICOVA 23
927 00 SALA
SLOVAKIA

Hi there. Are you looking for a pen pal from wild west? Or do you want to correspond with a 21 years old girl who still can not find her place in the world, who hates slandering but who loves musicals, fine art, meeting strangers and everything what goes out of stereotype. I appreciate every letter in my mail box. (in German or French too) Ciao!

ZUZANA MEDVEOVA
DAXNEROVA 3
050 01 REVUCA
SLOVAKIA
E-mail: zuzanka9@hotmail.com

Hello, I am Zuzana, 21 from Slovakia. Would like to have a penpal from Spain or Italy. I am for fun, sun and holiday.

LUCKA QUITTNEROVA
I.BUKOVČANA 30
84108 BRATISLAVA
SLOVAKIA

Hi everybody! I am 17-year-old girl from middle Europe. I love dancing, reading and writing. I collect stamps and coins. I learn German, English and Latin. I am writing you back as soon as I can.

VERONIKA KUREKOVA
S.KOLLARA 24
979 01 CERENCANY
SLOVAKIA

Sun is shining....Hi everybody! My name is Veronika and I'm 17 years old girl from Slovakia. I would like to correspond with all of YOU!!!! like to know new people and their cultures. I study at the Bilingual English-Slovak Grammar School, therefore I love English language, but I speak a bit German and Russian, too. I practice karate, play volleyball, basketball and football :) I like hiking, my dogs, and good literature. So, if you are interested, write me...I promise I'll reply to everybody.

ADELA PRINCZOVA
DANIELOVA 607
46 39 IZA
SLOVAKIA
E-mail: heidy@freemail.sk

Hi everybody! My name is Adela and I'm 16 y.o. I would like writing to people all over the world! My hobbies are cycling, reading, swimming. Please WRITE ME!!!

SLAVKA LOGOVÁ
E-mail: slong@post.sk

Hallo, ich heiße Slavka und bin aus der Slowakei. Ich bin 22 Jahre alt und möchte mit jungen Leuten aus aller Welt schreiben. Meine Hobbys: alles wobei man sich bewegen kann. Ich liebe Musik, Tiere, Berge, Meer und die ganze Welt. Schreibt mir, ich freue mich schon auf sie alle. Slavka

LEA ORLIKOVA
DURCANSKEHO 4
94901 NITRA
SLOVAKIA
E-mail: lea_orlikova@hotmail.com,
lea_orlikova@yahoo.com.

I am a girl from Slovakia. I am 24 years old. Last year I finished the university. I work as a teacher. I teach computers and geography. I am interested in computers, geography and outdoors sports. My favorite winter sport is skiing and my favorite summer sports are jogging, swimming, and doing exercises. I love travelling and learning about new countries and the life style of people living there. I sometimes watch TV in the evening, listen to music and go to a party. You can write me in English, if you want. I am waiting. Bye-Bye!

ADRIANA ORAVCOVA
MIEROVE NAMESTIE 26
91101 TRENCIN
SLOVAKIA
E-mail: hotelierka@pobox.sk

Hi! I'm 18 years old girl from a little state in the Central Europe - Slovakia. I study at Hotel academy. I want to write with people all over the world. I can speak enough good German and simple English. Thank you! I'm waiting. BYE!

POLJSKA

WIOLA GRYGIEL
UL. OKULICKIEGO 2/7
03-984 WARSZAWA
POLAND

Ciao! Let me introduce myself. I'm 17-year-old girl from Poland. I'd like to meet new people from all over the world: boys and girls, younger and older. My hobbies are very different: listening to music, dancing, reading, travelling around, sport. I'm able to write in Italian, Polish, English and Russian. So if you wanna know more, write me as soon as possible, I'll be waiting!

BERENIKA KRAMER
UL. ERAZMA Z ZAKROCZYMI 7/29
03-185 WARSAW
POLAND
E-mail: berenice@go2.pl

Hello everyone. My name is Berenika and I'm sixteen years old. I live in Warsaw, the capital of Poland. I am open and friendly person, curious about the world, different countries and their culture. I'm really passionate about the theatre and acting. I like listening to the music, learning languages (English and French), riding on horses and going out with my friends and having fun. I'd love to make some new friends with teenagers from other European countries by exchanging letters or e-mails. I'll be happy to answer every single letters. Don't keep me waiting!!!

KASIA MIKOLAJCZYK
20-GO STYCZNIA 72A/ 24
95-200 PABIANICE
POLAND

Hello! My name is Kasia and I'm 24 years old. I live in centre of Poland. I study psychology. I have always wanted to correspond with people from all over the world. I would like to know different styles of live, cultures, people...

What am I like? I like beauty in every sense of hat world. I love nature, art, literature, good films (especially european cinema), music- from classic to pop. I like walking, riding bicycle and travelling of course. I'm waiting just for your letter! Please write in English. I'll try to reply to everyone.

ANNA SZYMCZAK
UL. MODRZEWIOWA 10 / 4
24-320 PONIATOWA
POLAND

Hallo all!!! My name is Anna and I'm 15 year old young girl who is looking for new friends all over the world. My hobbies are: listening to the music, (pop and hip-hop), going out with friends, writing letters (e-mail too), singing and watching good films. I speak in English, Polish and a little bit of Spanish and French. No matter your gender and age. I'm waiting for your letter. I promise to answer all letters. Please send your funny photo. See you...Bye Bye.

KAROLINA WOJTASIK
UL. WANDY 56/40
43-600 JAWORZNO
POLAND

Hi everybody! My name is Karolina. I'm a 19-year-old girl who is looking for new friends all over the world. I live in Poland, but I've always been dreaming about travelling. I love books, literature, music (especially classical but I also like heavy metal) and films. If you want to know more, write me (in English) as soon as possible. I promise to answer to everyone.

MAGDA KOTAS
UL. PIASTOWSKA 6/23
26-600 RADOM
POLAND

E-mail: revolution@hoga.pl
Hi everybody! My name is Magda and I'm a 16-year-old girl from Poland. I love nearly all forms of entertainmet. Although I'm really busy with listening to the music (rock, reagge, funk), reading books, meeting my friends and simply having fun. I find time to play world tennis, swim, drive and ski. That's enough, I think, you need to know about me to write a letter and, of course, get an immediate reply. Do not waste your time!

AGNIESZKA KARKULOWSKA
UL. OGINSKIEGO 15/31
58-506 JELENIA GORA
POLAND

E-mail: aga.karkulowska@laposte.net
ZUZA1001@wp.pl

My name is Agnieszka and I'm 23 years old. I'm from Poland and I study a law. My hobbies are travelling, swimming, skiing and mountain-biking. I like the mountains, nature and riding a horse. This is my favourite hobby. I love India country, music and culture. Write me in French, Spanish or English.

KLAUDIA KONIKOWSKA
UL. LIBELTA 5
66-400 GORZOW WLKP.
POLAND

Hi everyone! My name's Klaudia and I'm 15-year-old girl from Poland. I like go to disco, listen to music having fun with my friends and languages. Please write me in English. So, that's me, if you wanna know more about me, please write me. See you..)

kako ekološka je vaša stopnja

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Ekološka stopinja je indeks, ki pove, koliko prostora in vode zahteva naš način življenja oz. kako veliko porabimo v primerjavi z ostalim svetom. To pomeni, da na svetu obstaja le 1.8 razpoložljivih biološko produktivnih hektarjev na osebo, povprečna oseba na planetu Zemlja pa trenutno porabi 2,3 hektarjev za zadovoljitev svojih potreb. Pri tem moramo upoštevati, da kar 73% ljudi živi v okolju, kjer ne dosega tega povprečja, in da samo 2,5% celotne svetovne populacije porabi kar 20% vseh razpoložljivih virov. Natančnejšo distribucijo stopinj in prihodkov po svetu si lahko izračunate na spletni strani www.redefiningprogress.org/programs/sustainability/ef/Footprint/.

Ameriška ekološka stopinja (9.6) je dvakrat večja kot evropska (Slovenija 3.8, Italija 4.2, Nemčija 4.6, Poljska 3.8, Norveška 5.5), le-ta pa je veliko večja kot azijska in afriška ekološka stopinja (Indija 1, Nigerija 1, Pakistan 0.9). Moramo pa se tudi zavedati, da na planetu nismo sami – misliti moramo tudi na živalske in rastlinske vrste, ki tudi potrebujejo svoj prostor, hrano in vodo (od potrebnih 30-70% biosfere je danes na voljo samo 3% zaščiteneh parkov in rezervatov). Vedno večja potrošnja oblačil in velika poraba hrane, predvsem uvožene in nesezonske, vse to so faktorji, ki povečujejo ekološko stopinjo. Kako ekološka je vaša stopinja, lahko preverite na spletni strani www.earthday.net/footprint.

V prihodnosti ne bo dovolj čiste in sveže vode za zadovoljitev potreb nenehno rastoče populacije. Naslednja svetovna vojna se ne bo bojevala zaradi nafte, temveč zaradi vode. In voda ni edini dragoceni naravni vir, ki ga izkorišča človeštvo. Razviti svet mora spremeniti svoj način življenja, v nasprotnem primeru Zemlja že v naslednjih 50-100 let ne bo več naseljiva.

Sprememba načina življenja pa vsekakor ne bo dramatična, saj je zahodnjaški način življenja preveč udoben, da bi se mu odpovedali. S prilagajanjem okolju pa mora začeti tako vsak posameznik kot tudi veliki industrijski potrošniki, ki lahko združijo nove tehnologije z »zelenim« misljenjem. Avtomobilska, energetska in gradbena industrija – to so samo nekateri proizvajalci, ki se trudijo razvijati nove tehnologije, da bi sledili našemu načinu življenja. Mogoče bomo tako v prihodnosti ogrevali domove na vetrno ali sončno energijo in morda bo naš avto izgledal kot nekaj iz znanstveno-fantastičnih filmov, ampak to so samo manjši stranski učinki, ko je alternativa lahko lakota in vojna za vodo.

Če se sprašujete, zakaj je večina ekoloških problemov vedno hujša, čeprav so ekološka gibanja v zadnjem času zelo močna, je odgovor preprost: lažje je protestirati kot resno premisliti, kako bi lahko problem rešili. To pa ne pomeni, da so ekološka gibanja popolnoma neuspešna: voda in zrak sta veliko bolj čista kot pred desetletji. Še vedno pa nam ostanejo topla greda, izguba biološke raznovrstnosti in izčrpanost morij.

Zeleni aktivisti so bili zelo uspešni pri osveščanju javnosti. Vendar je »montra« staromodnih zelenih aktivistov, da sta podjetništvo in ekonomski razvoj škodljiva, zastarela. Čas je za nov koncept ekoloških gibanj, kar pomeni, da morajo zeleni aktivisti vzpodbujati podjetja k zeleni usmeritvi in složno najti način za rešitev okolja. Dobra novica je, da po tem, ko se vodilni v industriji odloči za ekološko poslovanje, potegne za sabo veliko podjetij, ki nočejo izgubiti ekološko osveščenih potrošnikov. Problem pa je, da se potrošniki odločajo tudi glede na ceno proizvoda. Zato je Kitajska (poleg ZDA) ena največjih onesnaževalcev na svetu zaradi uporabe poceni tehnologije iz 50. let. Vendar je cena za to neizmerna: pljučna obolenja in celo smrt.

Narava ne bo vedno uspela zadovoljiti naših potreb, zato moramo začeti misliti na to, kako zmanjšati potrošnjo. In kako lahko zmanjšamo velikost naše ekološke stopinje? Začeti je treba z recikliranjem, bolj pogosto uporabljati javni prevoz, zmanjšati količino odpadkov, jesti manj mesa (ker je za proizvodnjo mesa potrebne veliko več energije kot za zelenjavo in sadje), trošiti manj vode in energije. Če bo vsak človek vsaj za malenkost zmanjšal svojo potrošnjo, bi to planetu zelo pomagalo. Brez osebnega prizadevanja ne bomo dosegli ničesar. Omogočimo življenje tudi naslednjim generacijam!